*Pitt Partners for Health*

*Minutes*

*March 9th, 2023*

*In Attendance*

Amanda Sparling, Bonnie Jean Kuras, Catherine Nelson, Devinder Culver, Gerri Ashe, Dr. John Silvernail, Gretchen Wilson, Kahla, Lydia Best, Marie Welch, Mary Hall, Qua’Tavia White, Robin Tant, Rod Debs, Skip Cummings, Sue Anne Pilgreen, Tiffany Thigpen, Valarie Walker,

*Welcome/Minutes*

Amanda welcomed the group and led introductions. The monthly health observances were reviewed.

*Pitt County Health Department Updates*

March 19th, 2020, was the first day that we had an individual diagnosed with COVID-19. The state is now moving toward wastewater testing to determine the prevalence of the virus in the community. It has been determine that about 91% of Pitt County has had COVID-19 and there is a broad natural immunity in the community now. If you are immunocompromised, the virus is still unpredictable in individuals. The omicron variant is less as infectious in comparison to the other variants (alpha ’20 variant and the delta ’21- ‘22). It is recommended that you if an individual has COVID-19 they should stay home for 5 days (if you feel sick today start counting the next day) and an additional 5 days of mask covering when returning back to work.

*Old Business*

**Newspaper articles –** Mary reminded the group to sign up for newspaper articles

**PPH By-Laws and Policy Agenda** – PPH has adopted new By-Laws and a Policy Agenda that shares an overview of the coalition.

*Special Presentation – The Triangle Shirtwaist Factory Fire*

Dr. John Silvernail, Health Director, Pitt County Health Department

*New Business*

**Resolution Support**

**Action Team Updates**

**Access to Care**

* **Know It, Control It –** There will be a new blood pressure management program at the Bethel Youth Activity Center beginning March 21st
* **Upcoming Meetings -**  March 15th at 10am

**Healthy Lifestyles**

* **Healthy Food Pantry –** Held a food tasting and food give away at Salem Methodist Church in Simpson, NC
* **Lifestyle Medicine –** Held the pre-conference for the EAHEC rural health symposium and will be having bi monthly Cooking with a Doc series

**Mental Health, 2nd Wednesday of every other month**

* **Positive Messaging Campaign** – Groups have been given rocks to paint positive messages on and distribute across the community

*Special Presentation – National Nutrition Month*

Pitt County Health Department gave a presentation on nutrition and gave a cooking demonstration where the coalition tried fruit smoothies.

*Next meeting April 13th, 2023*