

# Pitt Partners for Health

Date: May 13th, 2020

Time: 8:30-10:00am

Location: Zoom

*Mission statement: To improve the population health of Pitt County through coalition building and partnership*



<b>Present</b>	38 in attendance	
<b>Welcome</b>	Robin opened our meeting. And welcomed 1 new attendee Dr. Paul Garcia and Valerie Walker (Healthy Lives, Healthy Choices), Leticia Pittman (foodbank)	
<b>Minutes</b>	Approval: Jim McArthur, Second by, Theresa Blount	
<b>Agenda Item</b>	<b>DISCUSSION / NOTES</b>	<b>ACTIONS</b>
<b>COVID Update, Dr. Silvernail</b>	<ul style="list-style-type: none"> <li>As of 5/10/21:</li> <li>56,141 first doses (moderna and Pfizer), 52,336 Fully Vaccinated. Slowed demand right now</li> <li>Vaccine equity report puts AA's 8.4% behind and Hispanics 1.2% behind (in Pitt County). Whites have received 60.8% of vaccine</li> <li>Vaccines currently available via most pharmacies, Dr. Shackleford Mobile unit, PCHD, Vidant, Bernstein Center and several pop up shops (Tropicana, mobile home parks, Cornerstone Church, and Jarvis Memorial)</li> <li>J&amp;J Vaccine is no longer paused. Blood clot rate is about .87 instances/million doses with less risk than side effects for serious side effects from flu vaccine</li> <li>Pfizer now allowed in youth 12 and up with recommendations expected Thursday for</li> <li>Increased COVID rate is at about 3% yesterday with 19,678 to date.</li> <li>Chart depicted rate if COVID is down or nonexistent in long term care facilities. In 25 to 49 year old group the rates are the highest followed by college aged people</li> <li>Partners are still distributing at home test kits but study is ending soon. Please keep testing if you have a kit</li> </ul>	
<b>Poll: Have you completed the CHNA?</b>	50% completed assessment, 37% haven't had the time, 13 % need assistance finding the survey	
<b>CHNA Update, Catherine Nelson</b>	<ul style="list-style-type: none"> <li>Regional CHNA available online on Vidant and PCHD website. QR codes have also been made to make surveying easier. Shared with schools, community groups etc</li> <li>14.3% Pitt County residents have taken the survey which has been extended to June 18<sup>th</sup>.</li> <li>Dr. Kearny of ECU MPH Department will analyze surveys but Focus Group info will have to be analyzed on our own</li> <li>Survey is currently completed mostly by white women with very few men or minority groups participating. We are hoping for more of a balanced survey this time but will have focus groups to offset</li> </ul>	<ul style="list-style-type: none"> <li>- Contact Catherine Nelson or Amy Hattem if want the link to the survey on your website or paper surveys</li> <li>- Paper surveys can be given to</li> </ul>

<b>Initiative information</b>	<ul style="list-style-type: none"> <li>• Mental Health is led by Keith Letchworth, Maudia Ahmad, and Karen Koch to increase awareness of resources and decrease stigma through Mental Health First Aid, a list of providers will be distributed with a mental health</li> <li>• Healthy Lifestyles hosts 5 EBIs in close partnership with HPHC. CATCH, WalkWise NC, Kids in Parks, Track Rx, Healthy Food Pantry and CMATs. Please contact Nikki or individual chairs for more information</li> <li>• Access to Care works to increase access to resources through program implementation and partnership with NCCARE 360. Contact Theresa Blount or Cheryl Hallock for more information</li> </ul>	Contact information found at <a href="http://pittpartnersforhealth.org">pittpartnersforhealth.org</a>
<b>HPHC Update, Tiera Beale</b>	<ul style="list-style-type: none"> <li>• EQ Results are in and 45 members participated</li> <li>• 95% of members agreed/strongly agreed with our mission and shared goals and 88% believe that PPH follows through o commitments and decisions</li> <li>• While 84% of members agreed that PPH had clear and effective communication, 11% were not familiar with how we resolve conflict of onboard new members.</li> </ul>	Infographic will be shared via email  Topics to be addressed in June
<b>How are you dealing with stress?</b>	24% meditation and relaxation, 52% physical activity, 8% therapy, 16% all of the above	
<b>Presentations</b>	<b>DISCUSSION / NOTES</b>	<b>For more information</b>
<b>What's the Vibe, Sue Anne Pilgreen, ECIPP Program Manager</b>	<ul style="list-style-type: none"> <li>• Feelings of hopelessness, consideration for suicide and attempted suicide increased from 2017 to 2019 in Pitt County Youth.</li> <li>• “what good is speaking up if we are repeatedly dismissed...?” –Qingfeng</li> <li>• When expressing feelings it is easier for youth to express “vibes” over “feelings”. Badge cards with emojis and a QR Code were the result of what students wanted to express vibes to adults when needed. QR code links to mental health resources like therapists, phone numbers, self-help tools, etc.</li> <li>• Campaign participants were also provided with mental health provider list to use as a guide and distribute. Other materials include badge reels, t shirts, and bags. Will go to hospital associates, providers, and school personnel to encourage honest and open conversation around mental health vibes in youth</li> <li>• Have partnered with almost 100 schools, countless community organizations, and clinics to promote, plan, and execute campaign. Funding was provided from Vidant Maynard Children’s Hospital, Pitt County ABC Store, and Pitt County SADD</li> </ul>	<a href="http://www.pittcountysadd.com/mental-health">www.pittcountysadd.com/mental-health</a> for materials on campaign  contact Sue Anne Pilgreen for more info: <a href="mailto:sfipps@vidanthealth.com">sfipps@vidanthealth.com</a>

# Pitt Partners for Health

Date: May 13th, 2020

Time: 8:30-10:00am

Location: Zoom

*Mission statement: To improve the population health of Pitt County through coalition building and partnership*



**Integrative Care, Dr. Paul Garcia, Deputy Chief Medical Officer at Trillium**

- Primary care providers are the first point of contact and should be a link to mental health services. They see those insured and uninsured with access to those who wouldn't necessarily seek out mental health services
- Mental Health and substance abuse problems often go undetected and unnoticed in primary care services with lack of knowledge. Important because 68% of adults with mental health illnesses have one or more chronic physical conditions
- Community based addiction treatment can lead to a 35% reduction in inpatient costs, 39% in ER costs, and 26% reduction in total Medicaid costs
- Integrated framework can take place in behavioral health, primary care, specialty clinics, and home health settings. Framework has 3 main categories: 1) Coordinated Care (2) Co located care (3) integrated care
- 4 quadrant model clinical integration model is used to measure fit for integrated care by measuring behavioral health risk against physical health risk

Contact Dr. Garcia for more information and resources:

## **Announcements**

- KCC having "what's the vibe" launch Saturday for Kids and parents
- \*All info will be shared via email!

**Next Meeting: June 8, 2021**

**Location onliiiiiine**