

Pitt Partners for Health

Date: August 12th, 2021

Time: 8:30-10:00am

Location: Zoom

Mission statement: To improve the population health of Pitt County through coalition building and partnership



Present	27 were in attendance	
Welcome	Robin opened our meeting. New attendees included Delia and Tony presenting and Lauren Butler intern. Meeting was recorded	
Minutes	Minutes approved with no changes by Catherine Nelson. Seconded by Keith Letchworth	
Agenda Item	DISCUSSION / NOTES	ACTIONS
Retreat <i>(Robin Tant)</i>	<ul style="list-style-type: none"> The PPH Steering Committee worked on several items at the July Steering retreat including coalition engagement, sustainability of grant programs, reporting for initiative chairs, and onboarding. The onboarding process stopped with in person meetings, but First Impressions will change that by making a process to connect new members to work and PPH with an orientation and mentor 	Additional for First Impressions be sent to Mary Hall at mpHall@vidanthealth.com
COVID Update <i>(Dr. Silvernail)</i>	<ul style="list-style-type: none"> Delta is Here! But this is not abnormal viruses mutate often The Delta Variant sequences were looked at from Brody in the past week and 95 percent of cases are Delta. The evidence says its more transmissible but less harmful to the body as is normal for viruses Epidemiologist at hospital shows that this is the 4th wave of COVID with the ICU admissions remaining flat majority of the time with spikes in Spring Ages 25 to 49 has held the most cases followed by 50-64 Testing has increased and so have positive cases which were below .05 before variant As of Monday cases were 1016 (5.5 per thousand). 95% have recovered (one of the best in the state). Total number of people with COVID since start are 55,165 with most being mild and asymptomatic (changing real fatality rate to 0.2). County Population is used in numbers even those not eligible for vaccine. AA behind in vaccinations with gap closing very slowly and Hispanics at 100% vaccination rate according to 6% listed Hispanics in Pitt County. Reproductive number says that every 1 Delta case generates 6 new cases Vaccines not mandated for county but offered in alignment with Hep B. Total pop is 44% vaccinated and somewhere between 11 and 30% have natural immunity Most of what we have seen in young is mild illness but the booster shot is being allowed by the CDC to those immunocompromised 	Q&A -Test kit data not included in Pitt County #'s but positive tests were backed by testing center data and counted that way. Helped to prevent spread -Death rates for flu and COVID have not been compared in term of fatality with/without vaccine -COVID and Flu vaccine advice was to wait 2 weeks but that has been retracted and both vaccines can be administered at the same time (diff shoulders recommended)

<p>CHNA Update <i>(Amy Hattem and Catherine Nelson)</i></p>	<ul style="list-style-type: none"> • Pitt County had great results with 950 people participating (only 350 requested) • Focus group work is almost concluded with many ideas shared on tackling health issues in Pitt County. This was not mandatory for Pitt but considered necessary by leaders • Next steps are to group focus group data into themes to be added to the CHNA report, select priority areas, present to Hospital Board (they may adopt same priorities, then present to Pitt Co. Board of Health. All work due by Sept 22 (hospital) an March 22 (PCHD) • Health priorities may change or remain the same depending on how many are committed to the work 	<p>more information on schedule to be shared at next meeting</p>
<p>Website and Social Media <i>(Tiera)</i></p>	<ul style="list-style-type: none"> • HPHC Mini Update included information on EBI's, sustainability of the work and the importance of equity vs equality. • The website PittPartnersforHealth.org, Facebook and YouTube pages exist to share information with the community and partnership. Use was encouraged 	
<p>Presentations</p>	<p>Discussions and notes</p>	<p>ACTIONS</p>
<p>Lifestyle Medicine <i>(Tony and Delia)</i></p>	<ul style="list-style-type: none"> • Stefanie Cabaniss Introduced the lovely and exemplary couple Tony and Delia via video • Tony and Delia met and married all within 6 months and share the joy of travelling and running and encouraging others to do so • Delia coaches others in the couch to 5k. You do not have to be a fast runner but consistent for health and health results. She started her new job in Greenville many years ago frim Winston Salem and immediately looked for a running group unable to find one until the name Tony Parker came up • Tony and Delia combined their efforts to encourage others to walk, bike, run, and engage with others with the motto what “positive energy breeds positive energy and negative breeds negative” • On March 13 2021 Tony started to run a 5K but 2 miles in he went into cardiac arrest. His heart stopped and his wife (thankfully certified in CPR) gave him CPR along with a nameless angel until EMS showed up and brought him back to life with AED. • Tony has no memory of that day or what happened when his heart stopped. But his wife remembers that it was nothing like CPR training. She heard his ribs crack, had trouble finding his pulse, and couldn't tell if he had a heart rate. • Months later he is now back on the bike at an increasing rate. They want to tell people the importance of (1) CPR Training, (2) make good choices and stay moving 	<p>See Tony and Delia's story again on YouTube next week</p>
<p>Agenda Item</p>	<p>Updates</p>	<p>ACTIONS</p>
<p>Anniversary meeting</p>	<ul style="list-style-type: none"> • Send in the reimagined work of your agency form 2020 to current to share at the next meeting 	

Pitt Partners for Health

Date: August 12th, 2021

Time: 8:30-10:00am

Location: Zoom

Mission statement: To improve the population health of Pitt County through coalition building and partnership



Announcements

-Access to Care: Vidant Beaufort mobile health unit open house has been cancelled

-Mental Health: Have had to cancel 2 MHFA classes due to low participation if there are any groups you are in or know that can use MHFA training, contact Keith Letchworth for an online or in person event. You can save a life with this knowledge! There is also an Equity and Inclusion training on Monday from 12 to 2pm.

-Nikki Hyatt's last day at Vidant is September 3rd and is taking a position as nursing instructor in the Wilmington area

Next Meeting: September 9, 2021

Location TBD