

November 2018

Name: _____



Healthy People
Healthy Carolinas

Health Check-in

A small change of pace to see how much you were able to retain this past year

What's that?

Decode the acronyms and the bonus questions below to the best of your ability. A prize will be available for the person with the most correct answers at the December meeting. Thanks for everything!!!

WWNC:

WWAD:

CMATS:

KIP TRACK Rx:

CATCH:

TDE:

CHNA:

***What is Lifestyle Medicine?**

***Who is formally known as "Superchair"?**



So long and farewell....

The HPHC Core Team is extremely thankful to Dr. John Morrow for his time, commitment, and dedication to making this grant a success. The road trips, guitar solos, and childhood stories he shared will never be forgotten.



Join an Action team!

HPHC initiatives are researched, discussed, planned, and implemented through the PPH action teams. We welcome you to take part in the process.

Access to Care

Meets at 3pm on the 4th Tuesday of each month at Access East

Chronic Disease

Meets at 3:30pm on the 2nd Tuesday of each month at Eppes Recreation or Vidant Foundation Building

Nutrition & Physical Activity

Meets the 3rd Thursday of each month at 8:30am at Alice Keene Park

Tiera Beale

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Healthy People
Healthy Carolinas

February 2018

Health Check-Up

A Monthly Progress Report with HPHC



EBI Updates:

This will be your new updated text here. Healthy People, Healthy Carolinas is an initiative of The Duke Endowment. It takes a bold community-based approach to addressing chronic health issues, such as unhealthy weight, diabetes and heart disease.

This will be your new updated text here. It takes a bold community-based approach to addressing chronic health issues, such as unhealthy weight, diabetes and heart disease. To assist you with promoting and leveraging Healthy People, Healthy Carolinas in your own materials and communications, we have developed the following suite of resources.

■ Event Date

Time(s)

Location

*Includes small description
that will take up 2 lines*

website or tel #



Catch

Need new text for here. PH Members are invited to attend Population Health Improvement Webinars. Dates located below.

02/21/2018

10am-12pm

Confident Leader/Manager

Share Our Strength Grocery Store Tours

Text and information here

02/21/2018

10am-12pm

Confident Leader/Manager